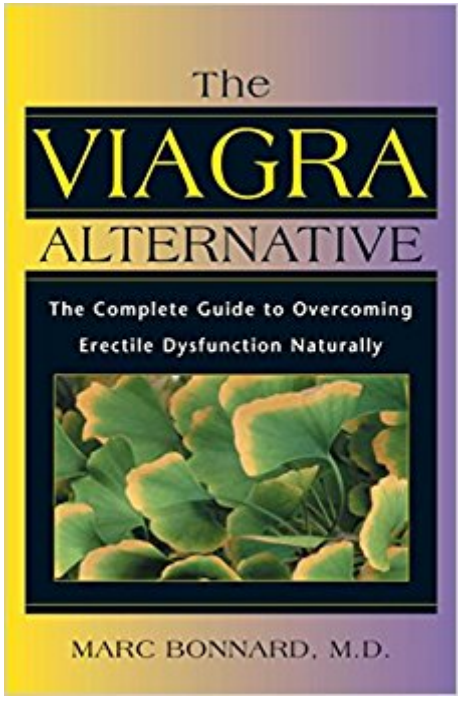
Ebook Directory
the best source of ebook

The book was found

The Viagra Alternative: The Complete Guide To Overcoming Erectile Dysfunction Naturally



PDF
Adobe
DOWNLOAD EBOOK

Synopsis

Ã¢â ¬Â¢ The most comprehensive guide to natural, safe, and permanent cures for impotence. Ã¢â ¬Â¢ One of Europe's leading sex therapists introduces psychological and sexual techniques that can help the more than 30 million men who suffer from impotence. Ã¢â ¬Â¢ Emphasizes holistic cures that treat body, mind, and spirit, including herbal remedies, homeopathy, yoga, aromatherapy, and diet changes. For those men who wish to avoid the risks of Viagra, The Viagra Alternative offers the most up-to-date information on natural, safe, and long-term cures for impotence. Recognizing that a healthy sex life is impossible without physical, mental, and emotional well-being, Dr. Marc Bonnard focuses on healing the whole person with treatments ranging from herbs such as ginkgo, ginseng, saw palmetto, and yohimbe to homeopathy, acupuncture, diet, yoga exercises, aromatherapy, and the introduction of new sexual techniques. Dr. Bonnard places special emphasis on relationship therapy, demonstrating that more often than not an enjoyable sex life can be restored without resorting to chemicals or supplements of any kind. By exploring the range of options outlined in The Viagra Alternative, men need no longer rely on a dangerous little pill to improve their sexual lives.

Book Information

Paperback: 232 pages
Publisher: Healing Arts Press (October 1, 1999)
Language: English
ISBN-10: 0892817895
ISBN-13: 978-0892817894
Product Dimensions: 6 x 0.6 x 9 inches
Shipping Weight: 12 ounces (View shipping rates and policies)
Average Customer Review: 2.9 out of 5 stars 14 customer reviews
Best Sellers Rank: #434,223 in Books (See Top 100 in Books) #57 inÃ Â Books > Health, Fitness & Dieting > Men's Health > Sexual Health & Impotence #119 inÃ Â Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Infertility #424 inÃ Â Books > Health, Fitness & Dieting > Alternative Medicine > Holistic

Customer Reviews

"This book presents a good explanation of impotence, the drug Viagra, and previous remedies. Offers solid advice on alternatives such as diet, supplements, and yoga." (In the Leaves, The American Herb Association, 2000)"He delves into the various treatments: allopathic, future drugs,

herbal, homeopathic and Bach Flower remedies, and diet and lifestyle changes." (Whole Life Times, August 2000)

MEN'S HEALTH When Viagra burst on the scene in 1998 it became the best-selling drug of all time, surpassing even Prozac. An estimated 30 million men in the United States suffer from erectile dysfunction, and the introduction of a pill that could solve their problems revolutionized the treatment of ED. Or did it? Improper use of Viagra has been associated with more than 200 deaths, as well as heart attacks, hypertension, color blindness, and other health problems, and more and more evidence shows that erectile dysfunction can rarely be cured by a Ã¢â ¬Å“magic pill.Ã¢â ¬Â• In fact, taking Viagra can end up accentuating the greater underlying problem of which the ED was a symptom, whether it be lack of physical well-being, poor psychological health, or relationship difficulties. For those men who want all the facts on erectile dysfunction, The Viagra Alternative offers the most up-to-date information on natural, safe, and long-term cures, as well as analyses of Viagra and its competitors. Recognizing that a healthy sex life is impossible without physical, mental, and emotional health, Dr. Marc Bonnard focuses on healing the whole person with treatments ranging from herbs such as ginkgo, ginseng, saw palmetto, and yohimbe to homeopathy, acupuncture, diet, yoga exercises, and the introduction of new sexual techniques. Dr. Bonnard places special emphasis on relationship therapy, demonstrating that often an enjoyable sex life can be restored without resorting to chemicals or supplements of any kind. By exploring the range of options outlined in The Viagra Alternative and deciding which is best for them, men need no longer rely on a little pill to take control of their sexual lives. MARC BONNARD, M.D., is a psychiatrist specializing in sex therapy and is a graduate of the French Association of Acupuncture. He lectures throughout Europe on the topic of erectile dysfunction and runs a private clinic near Bordeaux.

Too old though informative the dated info is just not on target in this age of tech advanced research and development. There are tons of things that can't be found in this book because it is way to dang old.

The book is out of date. Better information is available on the internet.

Rehash of old material but may be OK for someone without a background in the subject matter

Great reading material - would recommend it to anyone who is seeking alternative medical remedy for ED and sexual fitness.

I order rong order I neend to sanded back

It was incomplete and behind the times and it lacked research. It did not tell the whole story of natural healing of erectile disfunction..

good condtion

No good

Download to continue reading...

The Viagra Alternative: The Complete Guide to Overcoming Erectile Dysfunction Naturally Erectile Dysfunction Treatment: How to Treat Erectile Dysfunction Erectile Dysfunction: The Most Effective, Permanent Solution to Finally Overcoming Impotence and Sexual Dysfunction for Your Sexual Health (BONUS INCLUDED,Impotence, Premature Ejaculation) Erectile Dysfunction: The Most Effective, Permanent Solution to Finally Overcoming Impotence and Sexual Dysfunction for Your Sexual Health Contemporary Treatment of Erectile Dysfunction: A Clinical Guide (Contemporary Endocrinology) Erectile Dysfunction: How To Get Rock-Solid Erections - Libido, Erection, Sexual Health & Sexuality (Prostate, ED, Testosterone, Kegel, Performance Anxiety, Premature Ejaculation, Orgasm) Men's Hormones Made Easy!: How to Treat Low Testosterone, Low Growth Hormone, Erectile Dysfunction, BPH, Andropause, Insulin Resistance, Adrenal Fatigue, Thyroid, Osteoporosis, High Estrogen, and DHT! Men's Hormones Made Easy: How to Treat Low Testosterone, Low Growth Hormone, Erectile Dysfunction, BPH, Andropause, Insulin Resistance, Adrenal Fatigue, Thyroid, Osteoporosis, High Estrogen, and DHT: Bioidentical Hormones, Book 8 Men Issues: Straight Talk About Andropause, Prostate and Erectile Dysfunction Natural Ã¢â ¬Å“ViagraÃ¢â ¬Â•: Cure Erectile Dysfunction Without Prescription Drugs Keep It Up: Guided Self Hypnosis, Overcome Erectile Dysfunction: Gain Sexual Confidence & Maintain an Erection with Affirmations Scientifically Guaranteed Male Multiple Orgasms and Ultimate Sex: Restart natural penis enlargement, Eliminate forever premature ejaculation, erectile dysfunction, impotence and Enjoy daily orgasms Coping with Erectile Dysfunction: How to Regain Confidence and Enjoy Great Sex Hard In 60 Seconds: A Little-Known, Sure, Faster Way To Cure Erectile Dysfunction And Perform On Demand Without The Wait Or Flushing Of Pills Pedretti's Occupational Therapy:

Practice Skills for Physical Dysfunction, 7e (Occupational Therapy Skills for Physical Dysfunction (Pedretti)) Pedretti's Occupational Therapy: Practice Skills for Physical Dysfunction, 6e (Occupational Therapy Skills for Physical Dysfunction (Pedretti)) Building Green, New Edition: A Complete How-To Guide to Alternative Building Methods Earth Plaster * Straw Bale * Cordwood * Cob * Living Roofs (Building Green: A Complete How-To Guide to Alternative) How to SAFELY & LEGALLY Buy VIAGRA Online With or Without a Prescription How To Buy Viagra Safely Online: The Survival of the Firmest Laughing Gas, Viagra, and Lipitor: The Human Stories behind the Drugs We Use

Contact Us

DMCA

Privacy

FAQ & Help